



FREE MENTAL HEALTH TRAINING

Made Possible by

Congressional Funding

MENTAL HEALTH RESPONSE

Learn how to recognize the most common signs of mental health challenges and how to effectively support someone in a crisis.

Who Should Attend:

All Community Members

- ▶ 2 hour course
- ▶ In person or virtual
- ▶ Certificate of Attendance available

MENTAL HEALTH FIRST AID

Learn how to identify and respond empathically to signs of mental health challenges including the skills to provide initial support and connect someone to the appropriate care.

3 Year Certification provided by the National Council for Mental Wellbeing

Who Should Attend:

All Community Members

- ▶ 8 hour course
- ▶ In person or virtual
- ▶ Adult and Youth Mental Health First Aid available
- ▶ CEUs available

OPIOID USE DISORDER

Overview of Opioid Use Disorder (OUD) and clinical best practices for treatment – including the classification of opioids, indicators and risk factors for opioid misuse, and strategies to promote prevention, treatment, and recovery.

Who Should Attend:

Clinical Staff

- ▶ 2 hour virtual course
- ▶ CEUs provided
- ▶ Offered Quarterly –
Please see Catalog for dates/times

TRAINING AVAILABLE BEGINNING OCTOBER 1, 2023

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For more information,
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